

"I Will Give You Rest"

Today Jesus tells us, "Come to Me, all you who labour and are burdened and I will give you rest." God understands that we get tired and worn out. He wants us to come to Him when we need to rest. He refreshes our souls and gives us the energy and strength to carry on.



Do you ever feel like quitting when a job gets hard? Maybe you get tired of school or helping your Mom or Dad. When you feel like giving up it's time to start praying! Your work might seem easier when you pray, but even if it still seems hard you will be happier knowing that you are doing it for God.

Jesus tells us to take His yoke on our shoulders. A yoke is a sort of bar that is used to help carry heavy things. Jesus is saying that we should do His work. For some people that means preaching like He did, or healing the sick, or being a priest, but for most people it means just doing everything we have to do out of love for God.



www.thekidsbulletin.com

SACRAMENT OF BAPTISM:

Baptisms are usually celebrated on the fourth Sunday of every month. Please contact the Parish Office at least **6 weeks** before the date.

SACRAMENT OF MARRIAGE:

Couples must contact the Parish Office to arrange at least **6 months** before the desired date.

MASS INTENTIONS:

Intentions must be booked at least by the Wednesday, one week before the desired date.

F Q N E Y M Y V K K D X G X E
 Q Q K O Q R G H U M B L E M S
 W O Q F A V E I E D T E O R Z
 Y M O E V B N Y Q Q K C T B V
 F N W L S W T H V A D C M U W
 P H K G R O L E T R W T F R D
 E M G I B U E A G E W W R D A
 Z A A V G P S R R W C H V E Y
 M S S E Z J Z T F E C W L N T
 Q U Q Y V X T H G Q A R X J N
 R E S E M X E N U E L Y N R W
 X C C O I I Y X M J F I A A K
 E I Z A U S S L Y J K E G Y D
 Y I J O L L V N I X L E R H V
 W G T R L L S K E R E S T K T

HUMBLE	ALL	LEARN	LIGHT	YOKE
SOULS	WEARY	GENTLE	TAKE	HEART
COME	GIVE	EASY	BURDEN	REST

PRAYER DURING THE HURRICANE SEASON

O Lord, our God and Father, who gives rain and sunshine to your children, we ask you in this rainy season to uphold us and provide for our needs.

You try our patience and test our faith and reliance on you; forgive our sin of ingratitude. So often have we forgotten to thank you for your goodness and acts of mercy. Teach us to look up to you each day, appreciative of rain and sunshine, as you, in your wisdom, through any kind of weather do feed us all.

In your mercy, protect us against hurricanes and tropical storms. Pour out your blessings upon our nation and our people, and make us grateful for the weather we receive from your bountiful hand.

We make this prayer through Christ our Lord. **Amen.**



14TH SUNDAY IN ORDINARY TIME - 9TH JULY 2023 - YEAR A

The Meek and Humble of Heart.

Jesus is portrayed in today's Gospel as a new and greater Moses. Moses, the meekest man on earth, was God's friend. Only he knew God "face to face", and Moses gave Israel the yoke of the Law, through which God first revealed Himself and how we are to live.

Jesus, too, is meek and humble. But He is more than God's friend. He is the Son who alone knows the Father. He is more also than a law-giver, presenting Himself today as the yoke of a new Law and as the revealed Wisdom of God.

As Wisdom, Jesus was present before creation as the firstborn of God, the Father and Lord of heaven and earth. And He gives knowledge of the holy things of the kingdom of God in the gracious will of the Father, Jesus reveals these things only to the "childlike", those who humble themselves before Him as little children. These alone can recognize and receive Jesus as the just savior and meek king promised to daughter Zion in the First Reading.

We, too, are called to childlike faith in the Father's goodness as sons and daughters of the new kingdom, the Church. As Paul exhorts in the Epistle, we are to live by the Spirit we received in Baptism, putting to death our old ways of thinking and acting. Our "yoke" is to be His new law of love, by which we enter into the "rest" of His kingdom.

As we sing in the Psalm, we joyously await the day when we will praise His name forever in the kingdom that lasts for all ages. This is the sabbath rest promised by Jesus, the rest first anticipated by Moses, but which still awaits the people of God.

(excerpt: stpaulcenter.com)

SUNDAY READINGS

First Reading
 Zec.9:9-10
Second Reading
 Rom.8:9,11-13
Gospel
 Mt. 11:25-30

MASS TIMES

Gros Islet
 Morning Prayers:
 Mon -Fri
 5:45 a.m.

✠
MONDAY
 6:00 a. m./12:30 p.m.

✠
TUESDAY
 6:00 a.m.

✠
WEDNESDAY
 6:00 a.m./12:30 p.m.
G/Riviere: 6:00 p.m.

✠
THURSDAY
 6:00 a.m./12:30 p.m.
Monchy: 6:00 p.m.

✠
FRIDAY
 6:00 a. m./12:30 p.m.

✠
SATURDAY
 6:30 a.m./6:00 p. m.

✠
SUNDAY
Gros Islet/G. Riviere
 7:30 a.m.
Gros Islet/Monchy
 10:00 a.m.

✠
HOLIDAY
 Variable
 ✠

St. Joseph the Worker Parish
 Gros Islet, Grande Riviere & Monchy

CONFESSIONS

Every Saturday
 9.00 - 10.00 a.m.
 &
 by appointment

Parish Priest: Msgr. Michel Francis
 Deacons: Rev. Anthony Louis Rev. David Popo
 Rev. Madison Stanislaus. Rev. Winston Taylor.
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 Facebook: facebook.com/stjosephtheworkerparish

St. Benedict - Feast Day July 11th

Benedict of Nursia (c.480–543) was born just as the Roman Empire was disintegrating, and during his youth, the Italian peninsula was the scene of constant war. The young Benedict moved from his birthplace to Rome, but soon abandoned the place, disgusted with the paganism and immorality he saw there. He retired to a cave some 30 miles east of Rome where he lived as a hermit and endured severe privations. As his reputation for holiness - and performing miracles - spread, many monks tried to attach themselves to him. Benedict agreed to become abbot of a small monastery, but the monks who tried to live under his direction hated his regimen so much they plotted to kill him. After the attempted murder, he returned to solitude. Again monks sought him out, and before long he had established 12 monasteries.

He soon moved on again, and with some disciples established another monastery, this time on the mountain above Cassino, about 80 miles south of Rome. At this new monastery, Benedict directed the monks with his beliefs and instructions on religious life, and ideas from a number of earlier monastic writings. These were collected in what is now known as the Rule of Saint Benedict.

The "Rule" has a unique spirit of balance, moderation and reasonableness, and became one of the most influential religious books in Western Christendom. Its combination of compassion and discipline made the Rule a model for many later monastic orders, and one reason why monasticism became such a viable life for so many over the next centuries, during which the institution literally shaped the future of Europe. For this reason, Benedict is often called the founder of western monasticism. To this day the "Rule of St. Benedict" remains the most common and influential of precepts used by monasteries and monks, more than 1,400 years after its writing. He is honoured by the Church as the patron saint of Europe and students.

About The St. Benedict Crucifix:

This crucifix was made in honour of St Benedict and is considered a symbol of the fight against evil. On one side, the medal on the crucifix has an image of St Benedict holding the "Rule" in his left hand and a cross in his right. There is a raven on one side of him with a cup on the other. Around the outer margin are the words "Eius in obitu nostro praesentia muniamur" ("May we, at our death, be fortified by His presence"). The other side of the medal has a cross with the initials CSSML on the vertical bar which mean "Crux Sacra Sit Mihi Lux" ("May the Holy Cross be my light") and on the horizontal bar are the initials NDSMD which stand for "Non Draco Sit Mihi Dux" ("Let not the dragon be my overlord").

The initials CSPB stand for "Crux Sancti Patris Benedicti" ("The Cross of the Holy Father Benedict") and are located on the interior angles of the cross. Either the inscription "PAX" (Peace) or IHS" may be found at the top of the cross in most cases.

Around the medal's margin on this side are the initials VRSNSM which stand for "Vade Retro Satana, Nonquam Suade Mihi Vana" ("Begone Satan, do not suggest to me thy vanities") then a space followed by the initials SMLQVIB which signify "Sunt Mala Quae Libas, Ipse Venena Bibas" ("Evil are the things thou profferest, drink thou thy own poison").

(excerpt:wikipedia.org)
(excerpt: christianitytoday.com)

PLEASE PRAY FOR

THE SICK

Patsy Crafton
Iris Macauldy
Martha Mason
Theresa Huntley

DECEASED

Rupert Evans
Henry Willie
Patrick Henry
Thomas Louis
Christophe Alfred

WEEKDAY READINGS



MONDAY
Gen.28:10-22
Mt.9:18-26



TUESDAY
Gen.32:22-32
Mt.9:32-38



WEDNESDAY
Gen.41:55-57.
42:5-7,17-24
Mt.10:1-7



THURSDAY
Gen.44:18-21,
23-29.45:1-5
Mt.10:7-15



FRIDAY
Gen.46:1-7,28-30
Mt.10:16-23



SATURDAY
Gen.49:29-33;50:15-26
Mt.10:24-33



MASS INTENTIONS

GROS ISLET

CLERGY/RELIGIOUS

INTENTIONS

14TH SUNDAY IN ORDINARY TIME - YEAR A

Sat July 8 - 6:00 p.m.

Every day
| WILL BLESS THEE
AND | WILL PRAISE
THY NAME
Forever.
PSALM 145:2

B'day: Eldra Sidoine
Alannah Bousquet, Jaeden Glace

Sun July 9 - 7:30 a.m.

Eucharistic Service

10:00 a.m.

Eucharistic Service

Grande Riviere - 7:30 a.m.

MISSA PRO POPULO

Monchy - 10:00 a.m.

Thks: Cuthbert & Sharon Elizee
B'day: Noah Henry

WEEKDAY MASS INTENTIONS

Mon July 10 - 6:00 a.m.

B'day: Xilef Felix
Lordina Gaspard, Marina St. Martin

12:30 p.m.

Sr. Petronilla Banda

Dc'd: Frederick Gabriel, Lucia Louis
Elizabeth Preville, Andy Delmar
Joseph Huntley, Rose Herman

Tue July 11- 6:00 a.m.
St. Benedict, Abbot

Sr. Scholastica Felician

Thks: Francillia Elcock & family

Wed July 12 - 6:00 a.m.

Fr. Iwuagwu Festus
Rev. Wilfred Harris
Rev. Marcellus Serieux

B'day: Adams Alexis
Thks: Shanta King
Int: Dionysia Sealy-Compton

Thu July 13 - 6:00 a.m.

Rev. Madison Stanislaus
Rev. Vincent Norbert
Rev. Anthony Pierre

Dc'd: Kevin Haywood
Marie Headley, Andy Delmar

12:30 p.m.

B'day: Bibiana Jules,
Henry Morris, Kayla Rose Richard
Holy Spirit: Bernice Springer

Fri July 14 - 6:00 a.m.
St. Kateri Tekakwitha, Virgin

Msgr. Justin Barthelmy
Sr. Mary Dungdung
Sr. Mercy Masaka

Dc'd: Andy Delmar
James & Paulina Prudent

12:30 p.m.

B'day: Sylvia Boxill

Sat July 15 - 6:30 a.m.
*St. Bonaventure
Bishop & Doctor*

Rev. Jeremy Joseph
Sr. Marie Joseph

75th B'day: Henry Louis
B'day: Jacqueline Joseph
Thks: Diane & Richard Palton & family