#### Kids Column

### Lent:

#### Getting ready for Jesus' death and resurrection

Lent is the special time when we prepare for the celebration of Jesus' passion, death and resurrection. We get our souls ready by doing prayer, fasting, and almsgiving.

Prayer is talking with God.
We need to talk with God even more than we need to talk to our family and friends. Lent is a good time to get into a habit of talking with God every day.



Fasting is eating less than you normally would. It's a good idea to give up a little something you like for Lent. Giving things up helps us remember we need

God, not just food.

Almsgiving means giving to those who are in need. It helps us to be generous like God. Maybe you have a bit of money you can give to the poor or to the Church.



#### **SACRAMENT OF BAPTISM:**

Baptisms are usually celebrated on the fourth Sunday of every month. Please contact the Parish Office at least **6 weeks** before the date.

#### **SACRAMENT OF MARRIAGE:**

Couples must contact the Parish Office to arrange at least **6 months** before the desired date.

#### **MASS INTENTIONS:**

Intentions must be booked at least by the Wednesday, one week before the desired date.

# DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- · Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

nietrafitness com



#### Prayer for the Synod on Synodality

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts:

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right.

All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. **Amen**.

## VISION 2020-DISCIPLES ON MISSION

1ST SUNDAY OF LENT - MARCH 6TH 2022 - YEAR C



Worker

Call and He will answer.

n today's epic Gospel scene, Jesus relives in His flesh the history of Israel. We've already seen that, like Israel, Jesus has passed through water and been called God's beloved Son. Now, as Israel was tested for forty years in the wilderness, Jesus is led into the desert to be tested for forty days and nights. He faces the temptations put to Israel. Hungry, He's tempted to

He faces the temptations put to Israel. Hungry, He's tempted to grumble against God for food. As Israel quarreled at Massah, He's tempted to doubt God's care. When the Devil asks for His homage, He's tempted to do what Israel did in creating the golden calf. Jesus fights the Devil with the Word of God, three times quoting from Moses' lecture about the lessons Israel was supposed to learn from its wilderness wanderings.

Why do we read this story on the first Sunday of Lent? Because like the biblical sign of forty, the forty days of Lent are a time of trial and purification. Lent is to teach us what we hear over and over in today's readings: when we call He will answer, the Lord promises in the Psalm; Paul promises the same thing in the Epistle; this was Israel's experience, as Moses reminds his people in the First Reading: "we called on the Lord . . . The Lord heard."

But each of us is tempted, as Israel was, to forget the great deeds He works in our lives, to neglect our birthright as His beloved sons and daughters.

Like the litany of remembrance Moses prescribes for Israel, we should see in the Mass a memorial of our salvation, and "bow down in the sight of the Lord our God" offering ourselves in thanksgiving for all He has given us.

(excerpt: stpaulcenter.com)

#### CONFESSIONS

Every Saturday 9.00 - 10.00 a.m. 6.00 - 6.45p.m. & by appointment Parish Priest: Msgr. Michel Francis
Deacons: Rev. Winston Taylor, Rev. Gerard Calderon
Rev. Anthony Louis, Rev. Madison Stanislaus.
Address: P.O. Box Choc 8192, Castries LC02 801, Saint Lucia
Tel: (758) 450-8325 / (758) 450-9390 & Cell: (758) 285-8831
Email: st.joseph\_church@hotmail.com st.joseph\_church@candw.lc
Website: www.grosisletchurch.org & Facebook: facebook.com/grosisletparish

First Reading Dt.26:4-10

**Second Reading** 

Rom.10:8-13

Gospel

Lk.4:1-13

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#### **MASS TIMES**

#### **GROS ISLET**

Morning Prayers: 5:45a.m.

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6:00 a. m./12:30 p.m.

TUESDAY: 6:00 a.m.

**WEDNESDAY** 12:30 & 6:00 p.m. **G/Riviere**; 6:00 p.m.

THURSDAY 6:00 a.m./12:30 p.m. Monchy: 6:00 p.m.

FRIDAY 6:00 a. m./12:30 p.m.

**SATURDAY** 6:30 a.m./7:00 p. m.

₽ SUNDAY Gros Islet/G. Riviere

7:30 A.M.

Gros Islet/Monchy 10:00 a.m.

> 廿 HOLIDAY 7:00 a.m.

#### LENTEN DEVOTIONS

In the Catholic Church, devotions are "external practices of piety" which are part of the popular spiritual practices of the faithful. Common examples include the Rosary, the Stations of the Cross, the Sacred Heart of Jesus, the Immaculate Heart of Mary, devotions to the Blessed Sacrament etc. The Church encourages the cultivation of pious acts and personal devotions, "provided they accord with the laws and norms of the Church, above all when they are ordered by the Apostolic See ".

Way of the Cross and Calvary Devotions are two devotions practiced during Lent. The practice of Lenten devotions stems from Lent's emphasis on deepening one's faith through study and prayer. Lent offers the opportunity to take up a "discipline" or "spiritual practice" during the 40 days, not as a way of meriting God's favor, but because these disciplined practices increase our appreciation and understanding of the faith.

#### Way of the Cross:

As early as the 4th century Christian pilgrims to the Holy Land would walk the route that Jesus walked as He made His way to Golgotha. When it became too dangerous to make this pilgrimage, Christians recreated the sites back home in Europe and there developed the Stations of the Cross or Way of the Cross devotion The devotion consists of meditating on 14 events which took place during Christ's Passion. It is a powerful way to contemplate and enter into the mystery of Jesus' gift of Himself to us.

The devotion was originally made outside, often along roads to shrines or churches, but these days it is usually made inside, especially during the Season of Lent. Look along the walls of the Church and you will see 14 representations depicting the events of Christ's Passion that have been singled out for contemplation. It is at these blessed artistic representations, these "stations", that the Way of the Cross is made. However, the Way of the Cross can also be made at home, with or without "visual aids."

#### The 14 stations are:

1st Station - Jesus is condemned to death

2nd Station - Jesus carries His cross

3rd Station - Jesus falls the first time

4th Station - Jesus meets his mother

5th Station - Simon helps Jesus to carry his cross

6th Station - Veronica wipes the face of Jesus

7th Station - Jesus falls the second time

8th Station - Jesus meets the women of Jerusalem

9th Station - Jesus falls a third time

10th Station - Jesus is stripped

11th Station - Jesus is nailed to the cross

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12th Station - Jesus dies on the cross

13th Station - Jesus is taken down from the cross

14th Station - Jesus is laid in the tomb

### PLEASE PRAY FOR THE SICK

Nellie Hall Martha Mason Iris Macauldy Patsy Crafton Denis Augustin Yusuf Langelier

#### **DECEASED**

Hilary Cyril
Henri Arnaud
Nelsia Duchen
Dominic Meda
Helen Langelier
Francillia Weekes
Marie Madeleine James

#### **WEEKDAY READINGS**

#### 廿 MONDAY

Lev.19:1-2,11-18 Mt.25:31-46

#### TUESDAY

Is.55:10-11

Mt.6:7-15

#### WEDNESDAY

Jon.3:1-10

Lk.11:29-32

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#### **THURSDAY**

Est.4:17

Mt.7:7-12

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#### **FRIDAY**

Ez.18:21-28

Mt.5:20-26 ₽

#### SATURDAY

Dt.26:16-19

Mt.5:43-48

(excerpt: wikipedia.com) (excerpt: fisheaters.com)

MASS INTENTIONS		
GROS ISLET	CLERGY /RELIGIOUS	INTENTIONS
1ST SUNDAY OF LENT - YEAR C		
Sat Mar 5 - 6:00 p.m.	When he calls to me,	Thks: The Destang family Algitha Richelieu & family Wis. & Bless: Augusta Toussaint
Sun Mar 6 - 7:30 a.m.	I will answer him; I will be with him in trouble;	MISSA PRO POPULO
10:00 a.m.		B'day: Jean-Claude Severin
Grande Riviere -7:30 a.m.	I will rescue him and honor him.	Guid: Thomson Louis
Monchy - 10:00 a.m.	Psalms 91:15	Int: Norma Maynard Guid: Parish Youth
WEEKDAY MASS INTENTIONS		
Mon Mar 7 - 6:00 a.m.	Arch. Robert Rivas OP Fr. Albert Smith	Thks: Bernitha Clery B'day: Padrina Auguste Sp. Int: Joshua Muroi
12:30 p.m.	Sr. Frances Norbisch	Dc'd: Rochelle Leon
Tues Mar 8 - 6:00 a.m.	Mother Rosaria Joseph Sr. Christine Alphonse Sr. Giovanna Mabunda	Sp. Int: Joshua Muroi Thks: Perlin Verdant, Anthony Louis
Wed Mar 9 - 6:00 a.m.	Fr. Amalraj Fr. Cezar Herrera Sr. Ramona George	B'day: Nikolai Frederick Sp. Int: Joshua Muroi
12:30 p.m.		<b>B'day:</b> Wendy William Mary & Thomas Albert
Grande Riviere - 6:00 p.m.		Dc'd: Estephanie Charlery
Thu Mar 10 - 6:00 a.m.	Rev. Andrew Edward Sr. Benedicta Chanda	Dc'd: Shannon Chitolie
12:30 p.m.		<b>Dc'd:</b> Andre Celestine, Holy Souls
Monchy - 6:00 p.m.		Parishioners
Fri Mar 11 - 6:00 a.m.	Sr. Petronilla Banda Sr. Scholastica Banda	Int: Cecil Graham Donors & Benefactors
12:30 p.m.		B'day: Florence Lastic Angela Joseph, Perlin Verdant
Sat Mar 12 - 6:30 a.m.	Rev. Wilfred Harris Rev. Arnold Clouden Rev. Marcellus Serieux	B'day: Aaron Bent Thks: Kadie & Keva Chong Althea & Ellen Regis