

How to be Happy!

In today's Gospel Jesus teaches the eight beatitudes. Beatitude means happiness. Here are some ideas on how to live the beatitudes:

- 1. Blessed are the poor in spirit, for theirs is the kingdom of heaven. If you share your nice things and don't let your stuff be the most important things in your life then you will be happy.
- 2. Blessed are they who mourn, for they will be comforted. If you are sad now, remember that in Heaven there will be no more suffering.
- 3. Blessed are the meek, for they will inherit the land. Don't be selfish or pushy about things. God will make sure you get everything you need!
- 4. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. If you try to do what is right then God will make the right things happen.
- 5. Blessed are the merciful, for they will be shown mercy. If you forgive other people when they hurt you, then God will forgive you when you are sorry for your sins.
- 6. Blessed are the clean of heart, for they will see God. If God is the center of your life, then your heart is pure and ready to see Him in Heaven when you die.
- 7. Blessed are the peacemakers, for they will be called children of God. God loves peace, and loves it when we try to avoid getting into fights.
- 8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. If you suffer for the truth, God will give you a joyful reward!



www.thekidsbulletin.wordpress.com

SACRAMENT OF BAPTISM:

Baptisms are usually celebrated on the fourth Sunday of every month. Please contact the Parish Office at least 6 weeks before the date.

SACRAMENT OF MARRIAGE:

Couples must contact the Parish Office to arrange at least 6 months before the desired date.

MASS INTENTIONS:

K	M	B	S	P	F	N	T	K	X	V	Y	K	L	X
Z	Y	Z	P	X	U	H	E	H	I	E	C	K	J	K
J	E	B	I	W	P	R	S	P	I	N	A	R	K	X
J	J	O	R	G	J	H	E	O	O	R	G	R	S	X
E	W	T	I	X	D	H	U	S	P	O	S	D	T	M
H	X	S	T	I	O	B	N	N	C	U	R	T	O	H
Z	I	G	S	D	E	C	O	Y	G	W	R	M	Y	M
I	K	M	B	J	L	I	C	X	D	E	I	O	C	I
N	W	I	L	V	I	R	L	C	K	C	R	U	W	W
H	I	Y	E	U	E	X	U	A	H	H	M	R	B	D
E	K	R	S	M	Z	H	E	A	V	E	N	N	E	Z
R	K	R	S	K	W	X	B	T	M	I	A	L	G	E
I	N	N	E	E	A	A	B	S	F	H	L	R	U	X
T	W	B	D	O	S	G	P	F	D	I	W	L	T	Z
F	M	E	E	K	V	F	U	O	F	Q	R	G	B	V

MOURN	THIRST	PURE	HUNGER	HEART
FILLED	MEEK	MERCY	POOR	EARTH
KINGDOM	INHERIT	HEAVEN	BLESSED	SPIRIT

1) Blessed are the poor in Spirit, for there is the kingdom of heaven	2) Blessed are those who mourn, for they shall be comforted	3) Blessed are the meek, for they shall inherit the earth.	4) Blessed are those who hunger and thirst for righteousness, for they shall be satisfy.
5) Blessed are the Merciful, for they shall obtain mercy	6) Blessed are the pure of heart, for they shall see God.	7) Blessed are the peace makers, for they shall be called sons of God.	8) Blessed are those who are persecuted, for theirs is the kingdom of Heaven.

THE BEATITUDES



St. Joseph the Worker Parish  
Gros Islet, Grande Riviere & Monchy

CONFESSIONS

Every Saturday  
9.00 - 10.00 a.m.  
&  
by appointment

Synod 2021-2023: Communion/Participation/Mission

4TH SUNDAY IN ORDINARY TIME - 1ST FEBRUARY 2026 - YEAR A

Blessings of His Kingdom.

In the readings since Christmas, Jesus has been revealed as the new royal son of David and the Son of God. He is sent to lead a new exodus that brings Israel out of captivity to the nations and brings all the nations to God.

As Moses led Israel from Egypt through the sea to give them God's law on Mount Sinai, Jesus too has passed through the waters in baptism. Now, in today's Gospel, He goes to the mountain to proclaim a new law, the law of His Kingdom.

The Beatitudes mark the fulfillment of God's covenant promise to Abraham, that through his descendants all the nations of the world would receive God's blessings. Jesus is the son of Abraham, and through the wisdom He speaks today, He bestows the Father's blessings upon "the poor in spirit."

God has chosen to bless the weak and lowly, those foolish and despised in the eyes of the world, Paul says in the Epistle. The poor in spirit are those who know that nothing they do can merit God's mercy and grace. These are the humble remnant in the First Reading, taught to seek refuge in the name of the Lord.

The Beatitudes reveal the divine path and purpose for our lives. All our striving should be for these virtues, to be poor in spirit; meek and clean of heart; merciful and makers of peace; seekers of the righteousness that comes from living by the law of Kingdom. The path the Lord sets before us today is one of trials and persecution. But He promises comfort in our mourning and a great reward.

The Kingdom we have inherited is no earthly territory but the promised land of heaven. It is Zion where the Lord reigns forever. And, as we sing in the Psalm, its blessings are for those whose hope is in the Lord.

(excerpt: stpaulcenter.com)

Parish Priest: Fr. Athanase Joseph  
Assistant Parish Priest: Msgr. Michel Francis  
Deacons: Rev. Anthony Louis, Rev. David Popo  
Address: P.O. Box Choc 8192, Castries LC02 801, Saint Lucia  
Tel: (758) 450-8325 / (758) 450-9390 ☎ Cell: (758) 285-8831  
Email: st.joseph\_church@candw.lc ☎ Website: www.grosisletchurch.org  
Facebook: facebook.com/stjosephtheworkerparish

SUNDAY READINGS

First Reading

Zep.2:3.3:12-13

Second Reading

1Cor.1:26-31

Gospel

Matt.5:1-12



MASS TIMES

Gros Islet

Morning Prayers:  
Mon -Fri  
5:45 a.m.



MONDAY

6:00 a.m./12:30 p.m.



TUESDAY

6:00 a.m.



WEDNESDAY

6:00 a.m./12:30 p.m.

G/Riviere: 6:00 p.m.



THURSDAY

6:00 a.m./12:30 p.m.



FRIDAY

6:00 a.m./12:30 p.m.



SATURDAY

6:30 a.m./6:00 p. m.



SUNDAY

Gros Islet/G. Riviere

7:30 a.m.

Gros Islet/Monchy

10:00 a.m.



HOLIDAY

Variable





*The Presentation of the Lord - February 2nd.*

This feast marks the presentation of the Jesus in the Temple forty days after he was born. As the firstborn, he belonged to God, and according to the Law, his parents were required to take him to the Temple and “redeem” him by paying five shekels. The Law also required the mother to offer sacrifice in order to overcome the ritual impurity of childbirth.

The feast shows a curious turn of events: the Redeemer seems to be redeemed and she who is all pure presents herself to be purified. Such is the humility of our God; such is the humility of the Blessed Virgin; they submit to the law even though they are not bound by it. The Gospel for the day nowhere mentions Jesus’ redemption, but seems to describe a religious consecration such as a priest might undergo. Luke tells us that Jesus is “presented” in the Temple, using the same verb that Paul uses to describe the offering of a sacrifice. Another parallel is the Old Testament dedication of Samuel to the Temple as a priest.

The drama surrounding Jesus’ conception and birth began in the Temple when the Archangel visited Zechariah the priest, and now the story of Jesus’ infancy comes to a fitting conclusion, again in the Temple. The readings today concern Jerusalem, the Temple, and the sacrificial rites. The first reading comes from the Prophet Malachi, who called the priests to return to faithful service and foretold a day when a Messiah would arrive to purify the priesthood. The Psalm announces to Jerusalem that it is about to receive a great visitor: “The Lord of armies . . . the king of glory.” Christ now arrives as the long awaited priest and redeemer. He is also the sacrifice. Indeed, as His life will show, He is the Temple itself .

This feast has been chosen by the Church for the solemn blessing of candles. In AD 638, Sophronius, Patriarch of Jerusalem, proclaimed the importance of the celebration in his sermon: "Our bright shining candles are a sign of divine splendor of the One who comes to expel the dark shadows of evil and to make the whole universe radiant with the brilliance of His eternal light. Our candles also show how bright our souls should be when we go to meet Christ."

(excerpt: stpaulcenter.com/sharefaith.com)



**PLEASE PRAY FOR**  
**THE SICK**

Patsy Crafton  
Iris Macauldy  
Marie Joseph  
Anne Marie Felicien

**DECEASED**

Omar Joseph  
Cecile Gatneau  
Anaclet Richelieu  
Joan Moise-Delivry  
Pauline d’Auvergne  
Anne Marie St. Mark

**WEEKDAY READINGS**

✠  
**MONDAY**  
Mal.3:1-4  
Heb.2:14-18  
Lk.2:22-40  
✠  
**TUESDAY**  
2Sam.18:9-10,14,24-25,  
30-19:3  
Mk.5:21-43  
✠  
**WEDNESDAY**  
2Sam.24:2,8-17  
Mk.6:1-6  
✠  
**THURSDAY**  
1Kings.2:1-4,10-12  
Mk.6:7-13  
✠  
**FRIDAY**  
Eccl.47:2-13  
Mk.6:14-29  
✠  
**SATURDAY**  
1Kings.3:4-13  
Mk.6:30-34  
✠

MASS INTENTIONS		
GROS ISLET	CLERGY/RELIGIOUS	INTENTIONS
4TH SUNDAY IN ORDINARY TIME - YEAR A		
Sat Jan 31 - 6:00 p.m.		Int: David Jr. Popo B'day: Nakayla Williams Thks: The Destang family
Sun Feb 1 - 7:30 a.m.		MISSA PRO POPULO
10:00 a.m.		B'day: Shirley Lubin, Marie Jules Julianna Octave, Mataeo John
Grande Riviere - 7:30 a.m.		B'day: Quacey Esnard Thks: The Albertin family
Monchy - 10:00 a.m.		B'day: Veronica Dijon
WEEKDAY MASS INTENTIONS		
Mon Feb 2 - 6:00 a.m. <i>Presentation of the Lord</i>	Fr. Athanase Joseph Fr. Stephen Quinlan Fr. Philomin Zacharias	B'day: Ronnie St. Omer Spencer & Liam St. Omer
12:30 p.m.		Dc'd: Frances Auguste, Ansgar Khan
Tue Feb 3 - 6:00 a.m. <i>St. Blaise, Bishop &amp; Martyr</i>	Archbishop Gabriel Malzaire Msgr. Michel Francis Fr. Celestine Nwakwuo	B'day: Juliana St. Hill Emalie Popo, Francis Lastic
Wed Feb 4 - 6:00 a.m.	Fr. Vinoth Santhappan	Dc'd: Gertude & Simon Gaspard
12:30 p.m.		Dc'd: Madge, Bert & Danielle Edmunds
Grande Riviere - 6:00 p.m.		Parishioners
Thu Feb 5 - 6:00 a.m. <i>St. Agatha, Virgin &amp; Martyr</i>	Fr. Angus Evumude Fr. John Wilson Sr. Mary Lee Cox	Thks: Shanta King & family
12:30 p.m.		Thks: Jennifer Remy
Fri Feb 6 - 6:00 a.m. <i>St. Paul Miki &amp; Companions Martyrs</i>	Msgr. Patrick Anthony Fr. Joseph Raj Sr. Mary Mutwiwa	Thks: Bernadette Pamphile
12:30 p.m.		Thks: Mary M. Wellington & family Healing: David Nolan Patricia Scarborough
Sat Feb 7 - 6:30 a.m. <i>Mass at the Shrine</i>	Archbishop Robert Rivas Sr. Frances Nosbisch	Holy Souls in Purgatory