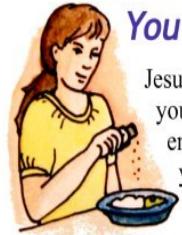


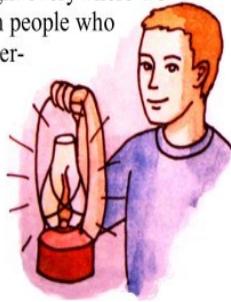
You are the Salt and Light!



Jesus says we are the salt of the earth. Have you ever tasted food that wasn't salty enough? It can taste pretty bland. But do you notice when food has the right amount of salt? Usually we don't think about it. It's kind of hiding in the food and making it taste good. Jesus wants us to be like the "salt" in the world, with the goodness and truth that He gives us.

Jesus also says that we are the light of the world. Can you imagine a completely dark world: no sun or lights or anything? It would be pretty scary. You'd never know what was happening or where you were going. That's what the world can be like for people who don't have the light of God's truth. It's our job to bring the truth to the world so that everyone can see that God loves them.

We have to bring God's light everywhere we go. But we must be gentle with people who don't understand the truth. Otherwise it would be like shining a light in someone's eyes, and they wouldn't be able to see anything. We need to start out like little candles, lighting the way so that people can follow us toward God.



www.thekidsbulletin.com

SACRAMENT OF BAPTISM:

Baptisms are usually celebrated on the fourth Sunday of every month. Please contact the Parish Office at least **6 weeks** before the date.

SACRAMENT OF MARRIAGE:

Couples must contact the Parish Office to arrange at least **6 months** before the desired date.

MASS INTENTIONS:

Intentions must be booked at least by the Wednesday, one week before the desired date.

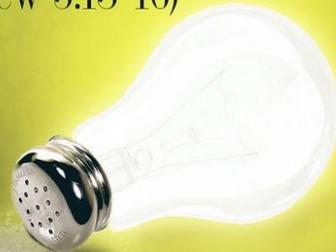
Word Search Puzzle

sermons4kids, Inc.

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| LAMP | LIGHT | BOWL | GOOD | DEEDS |
| WORLD | CITY | MEN | HIDDEN | SHINE |
| PRAISE | HOUSE | FATHER | HILL | STAND |

You are the salt of the earth and the light of the world.....
 (Matthew 5:13-16)



PARISH OFFICE HOURS
 Monday, Wednesday, Thursday



5TH SUNDAY IN ORDINARY TIME - 8TH FEBRUARY 2026 - YEAR A

Scattering the Darkness.

Jesus came among us as light to scatter the darkness of a fallen world. He tells us in the Gospel this Sunday that as His disciples, we too are called to be "the light of the world."

All three images that Jesus uses to describe the Church are associated with the identity and vocation of Israel. God forever aligned His kingdom with the kingdom of David and his sons by a "covenant of salt," salt being a sign of permanence and purity.

Jerusalem was to be a city set on a hill, high above all others, drawing all nations toward the glorious light streaming from her Temple. And Israel was given the mission of being a light to the nations, that God's salvation would reach to the ends of the earth .

The liturgy shows us this week that the Church, and every Christian, is called to fulfill Israel's mission. By our faith and good works we are to make the light of God's life break forth in the darkness, as we sing in the Psalm. This week's readings remind us that our faith can never be a private affair, something we can hide as if under a basket.

We are to pour ourselves out for the afflicted, as Isaiah tells us in the First Reading. Our light must shine as a ray of God's mercy for all who are poor, hungry, naked, and enslaved. There must be a transparent quality to our lives. Our friends and family, our neighbors and fellow citizens, should see reflected in us the light of Christ and through us be attracted to the saving truths of the Gospel.

So let us pray that we, like St. Paul in the Epistle, might proclaim with our whole lives "Christ, and him crucified."

(excerpt: stpaulcenter.com)

CONFESSIONS
 Every Saturday
 9.00 - 10.00 a.m.
 &
 by appointment

Parish Priest: Fr. Athanase Joseph
Assistant Parish Priest: Msgr. Michel Francis
Deacons: Rev. Anthony Louis, Rev. David Popo
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Tel: (758) 450-8325 / (758) 450-9390 ☎ Cell: (758) 285-8831
Email: st.joseph_church@candw.lc ☎ Website: www.grosisletchurch.org
Facebook: facebook.com/stjosephtheworkerparish

SUNDAY READINGS

First Reading

Is.58:7-10

Second Reading

1Cor.2:1-5

Gospel

Matt.5:13-16



MASS TIMES

Gros Islet

Morning Prayers:
 Mon -Fri
 5:45 a.m.



MONDAY

6:00 a. m./12:30 p.m.



TUESDAY

6:00 a.m.



WEDNESDAY

6:00 a.m./12:30 p.m.

G/Riviere: 6:00 p.m.



THURSDAY

6:00 a.m./12:30 p.m.



FRIDAY

6:00 a. m./12:30 p.m.



SATURDAY

6:30 a.m./6:00 p. m.



SUNDAY

Gros Islet/G. Riviere

7:30 a.m.

Gros Islet/Monchy

10:00 a.m.



HOLIDAY

Variable



Sts. Cyril & Methodius - Feast Day February 14th

Brothers Cyril (born Constantine) and Methodius were Byzantine Christian theologians and missionaries from Thessalonica, in present day Greece. Methodius became an important civil official, but growing tired of worldly affairs, retired to a monastery. Constantine became a scholar and a professor in Constantinople.

In 860 Constantine and Methodius went as missionaries to what is today the Ukraine. There was request for missionaries to Moravia, and Methodius and Constantine were chosen as they knew Slavonic, were able administrators and successful missionaries.

Arriving in 863 in Moravia, Constantine began translating the liturgy into Slavonic. Constantine and Methodius were dedicated to the ideal of expression in a people's native language. Throughout their lives they would battle against those who saw value only in Greek or Latin. They came into conflict with German ecclesiastics who opposed their efforts to create a Slavic liturgy. In the East, it was a normal procedure to translate liturgy into the vernacular; in the West the custom was to use Greek, and later Latin, until Vatican II.

When Constantine and Methodius went to Rome to have the Slav priesthood candidates ordained, they had to face criticism of their methods. But the Pope, concerned about the Eastern church gaining too much influence in the Slavic provinces, knew that helping Constantine and Methodius would give the Roman Catholic church a foothold in the area. So the Pope approved the use of Slavonic in services and ordained their pupils.

The brothers are credited with devising the precursor of the Cyrillic alphabet, itself named after Cyril. They influenced the cultural development of all Slavs, for which they received the title "Apostles to the Slavs".

Constantine died in Rome, after assuming monastic robes and the name Cyril, on February 14, 869. Methodius was so grief-stricken that he intended to withdraw to a monastery. However, Cyril's dying wish was that his brother return to the missionary work they had begun. So Methodius continued the work among the Slavs alone.

Cyrillic eventually spread throughout most of the Slavic world to become the standard alphabet. Hence, Cyril and Methodius' efforts also paved the way for the spread of Christianity throughout Eastern Europe.

Both brothers are venerated in the Orthodox Church as saints with the title of "equal-to-apostles". In 1880, Pope Leo XIII introduced their feast into the calendar of the Catholic Church, and in 1980, Pope John Paul II declared them co-patron saints of Europe.

(excerpt: catholic.org)

PLEASE PRAY FOR THE SICK

Patsy Crafton
Iris Macauldy
Marie Joseph
Anne Marie Felicien

DECEASED

Leslie Clarke
Ange St. Ange
Theresa Daniel
Vincent Joseph
Oswald Bernard
Wayne Edwards
Stephen Bernard
Philomene Ambrose

WEEKDAY READINGS



MONDAY
1Kings.8:1-7,9-13
Mk.6:53-56



TUESDAY
1Kings.8:22-23,27-30
Mk.7:1-13



WEDNESDAY
1Kings.10:1-10
Mk.7:14-23



THURSDAY
1Kings.11:4-13
Mk.7:24-30



FRIDAY
1Kings.11:29-32. 12:19
Mk.7:31-37



SATURDAY
1Kings.12:26-32.
13:33-34

Mk.8:1-10



MASS INTENTIONS

| GROS ISLET | CLERGY/RELIGIOUS | INTENTIONS |
|--|---|--|
| 5TH SUNDAY IN ORDINARY TIME - YEAR A | | |
| Sat Feb 7 - 6:00 p.m. | <i>"Unto the upright there arises light in the darkness; He is gracious, and full of compassion and righteous." Psalm 112.4</i> | B'day: Jean Glace, Calixte George Jr., Marie Alvina George Int: Nerdin St. Rose Thks: Augusta Toussaint, Mikaela Elliott |
| Sun Feb 8 - 7:30 a.m. | | MISSA PRO POPULO |
| 10:00 a.m. | | Int: Parish Youth Thks: Arthur Tisson & family |
| Grande Riviere - 7:30 a.m. | | Thks: Arthur Tisson & family Regobert & Cadette families |
| Monchy - 10:00 a.m. | | Thks: Arthur Tisson & family Int: Elsa Delice & family |
| WEEKDAY MASS INTENTIONS | | |
| Mon Feb 9 - 6:00 a.m. | Fr. Cezar Herrera Rev. Andrew Edward Sr. Ramona George | De'd: James & Paulina Prudent Rubin & Lubin Benjamin Foster & Pauline Benjamin |
| 12:30 p.m. | | B'day: Cyrille Amedee Int: Bernadette Pamphile |
| Tue Feb 10 - 6:00 a.m. | Fr. Joseph Xavier Fr. Will Howard Sr. Benedicta Chanda | B'day: Tamara Richard Thks: Diane & Richard Palton |
| Wed Feb 11 - 6:00 a.m. | Sr. Petronilla Banda | De'd: Leon Prescod Rosa Glace, Stanislaus George |
| Grande Riviere - 6:00 p.m. | | Parishioners |
| Thu Feb 12 - 6:00 a.m. | Fr. Festus Iwuagwu Rev. Wilfred Harris Rev. Marcellus Serieux | Thks: Monique Louis & family |
| 12:30 p.m. | | Thks: Marilyn Hyacinth |
| Fri Feb 13 - 6:00 a.m. | Rev. Madison Stanislaus Rev. Vincent Norbert Rev. Anthony Pierre | De'd: Teresa Huntley |
| 12:30 p.m. | | Thks: Andre Arlette & family Healing: Andre Frederick |
| Sat Feb 14 - 6:30 a.m. <i>St. Cyril, Monk St. Methodius, Bishop</i> | Sr. Mary Ddungdung Sr. Mercy Masaka | Wedd Ann: Samson & Marie Louis Thks: The Chong & Remy families |