**REFLECTION FOR LENT**

The season of Lent began on Ash Wednesday. Lent is a time of reflection, repentance, and renewal. It is a time for us to turn our hearts, minds and spirits to God on a journey of spiritual growth. It is not merely a time of giving up certain things, but a time of deepening our relationship with God and growing in our faith.

Take a moment to reflect on your personal commitment to growth and renewal. What areas of your life do you feel called to surrender to God? How can you deepen your prayer life and seek a closer relationship with Him? What acts of self-denial or service can you engage in to show love and compassion to others?

Let us approach this Lenten season with open hearts and minds, ready to receive God’s grace and guidance. May we use this time to draw closer to Him, to seek His will for our lives, and to be transformed by His love. May this season of Lent be a time of spiritual growth, renewal, and a deepening of our faith.

In the words of Saint Augustine, “God does not require us to succeed, He only requires that you try.” So let us embark on this journey of Lent with a humble and willing spirit, knowing that God is with us every step of the way.